



Abbotsford Hospice  
& Grief Support Society

# Annual Report 2024

32780 Marshall Road,  
Abbotsford, BC, Canada  
V2S1J7

604-852-2456  
[abbotsfordhospice.org](http://abbotsfordhospice.org)  
[info@abbotsfordhospice.org](mailto:info@abbotsfordhospice.org)

# ABOUT US

---

Our registered charity has been serving the community of Abbotsford, BC and its surrounding areas, providing grief and loss services at no charge since 1985. In early 2024 we proudly updated our name from Abbotsford Hospice Society to **Abbotsford Hospice & Grief Support Society (AHGSS)**, to better reflect the vital work that we do in our community and in our region.

In addition to palliative care and grief & loss support, we pride ourselves on being an education and training facility. We offer training for leaders and facilitators from recovery homes, churches, long-term care homes, non-profits, and other mental health organizations, to help them support individuals in our community dealing with grief and loss.

We believe that learning to grieve in a healthy way is an invaluable coping skill that will allow children, families and individuals to successfully move forward in their lives and improve their mental health and well-being. Our approach has an immediate positive impact on the quality of life for participants, their families, and our greater community.

Our services are free-of-charge, and open to all, and we welcome all walks of life into our home (Holmberg House), the building where most of our programs and services take place. We strive to make Holmberg House, a safe, comfortable, home-like environment for those struggling with grief and loss. Thank you to our incredible community for supporting our charity for the past 39 years and for helping us create a space where healing and hope can flourish.

We are thrilled to present everything we have accomplished over the past fiscal year in this Annual General Report. This comprehensive report highlights the significant strides we have made, the impactful programs we've developed, and the meaningful ways we've supported our community. It's a reflection of our collective efforts and a testament to the dedication of our staff, volunteers, and supporters who have helped us achieve these milestones.



**Photo above** from Naming Ceremony celebration January 2024



# EXECUTIVE DIRECTOR'S STATEMENT

---

This year, our organization continued its steadfast commitment to providing compassionate care, education, training and resources to individuals, families, and organizations navigating the profound experience of grief and loss in our community and in the Fraser Valley region.

Our grief support services have been instrumental in offering solace and guidance to those in need and we have tailored our programs to cater not only to the immediate needs of bereaved families and those in our palliative care, but also to individuals facing anticipatory loss. By providing a continuum of care from the onset of grief through to long-term support, we have strived to ensure that no one in our community feels alone in their journey.

One of our key achievements this year has been the expansion of our grief training initiatives for education in partnership with the Abbotsford School District. We introduced a pioneering grief support elective for teens, offering them valuable tools and resources to cope with loss and support their peers as ambassadors in their schools. This elective not only equips students with essential life skills, but also fosters a culture of empathy and understanding within our youth community.

Furthermore, our organization has continued to prioritize professional development opportunities for healthcare providers, social services professionals, and other nonprofit organizations. Through tailored workshops and seminars, we have enhanced their capacity to provide sensitive and effective grief support to their clients and communities. This investment in professional growth has empowered countless individuals and organizations to better serve those in their care.

On an organizational growth level, we are proud that we have increased our capacity with financial support from our generous community businesses, and numerous individuals and families who continue to be grateful and passionate about our cause. Through support groups, individual companioning, camps, volunteer training, seminars & workshops and educational resources, we have created greater understanding, empathy and safe spaces for individuals to share their stories, find strength in the community, and navigate their grief with dignity and compassion.

2023-2024 has been marked by significant achievements and impactful contributions to our community's well-being. None of this would have been possible without the unwavering support of our volunteers, donors, partners, staff and the broader Abbotsford community. Together, we have continued to uphold our mission of providing exceptional grief support and fostering a community where every individual feels valued and supported in times of profound loss.

Thank you for your continued trust and support.

Warm regards,



**ANDREA CRITCHLEY**  
Executive Director



# BOARD CHAIR'S STATEMENT

---

As another year draws to a close, I reflect on the privilege of serving as the board chair for the Abbotsford Hospice & Grief Support Society. This year has been marked not only by our continued support for families and loved ones impacted by death, but also by the exciting expansion of our programs and services. We are reaching more lives within our community, offering new pathways to navigate the grief process and find healing.

I am continually impressed with the talented team that our Executive Director, Andrea, has built, and I am grateful to witness their hard work and the tangible results they've achieved. In addition to our existing support groups and programs, this year we've launched new initiatives to offer even more education and care options for those in need. These expanded services allow us to reach individuals of all ages and cultural backgrounds, ensuring everyone has access to the support they require. The strong support from our community has been instrumental in making these advancements possible. Our team remains diligent in monitoring costs to ensure that every donor dollar is used effectively. We are also focused on maintaining our wonderful facility, which allows us to provide hospice and grief support services in a safe and comforting environment.

As we move forward, I look forward to furthering the strategic focus of our board, ensuring that our actions align with our long-term vision and objectives. None of this would be possible without the fantastic team we have in place. Their dedication, capabilities, and commitment to our mission are truly the driving forces behind our success.

I am deeply grateful to be part of an organization that continues to bring peace, comfort, and hope to so many in our community. This year's growth only strengthens my belief in our mission and our ability to support those navigating their grief journey.



**RYAN CALDER**  
Board Chair

We are thankful for the amazing people that serve on our Board, giving leadership and support to Abbotsford Hospice & Grief Support Society and the community of Abbotsford.



**Ryan Calder**  
Board Chair



**Kam Grewal**  
Vice Chair



**Jay Kang**  
Treasurer



**Fran Vanderpol**  
Secretary



**Bharathi Sandhu**  
Director



**Katie Syroid**  
Director



**Shawna Vandeven**  
Director



**Jeevin Phagura**  
Director



**Randy Ferrairo**  
Director



**Harsimran Dhanoa**  
Director

# IMPACT STORIES

---

Each year, AHGSS is honoured to be able to create meaningful memories for individuals and families at end-of-life and for those going through grief and loss.

This year, when a horse was brought right to Holmberg House to visit a palliative resident, the impact was profound and deeply touching.

Our Holmberg House resident who grew up with and had always loved horses, seemed to connect instantly with the animal. It was beautiful to witness as she tenderly brushed the horse's fur, fed him carrots, and gently smiled, while undoubtedly reflecting back on many memories of her life. The gentle presence of the horse brought a sense of peace and calm for both our resident and her daughter who was lovingly by her side.

It was a meaningful afternoon that we were so grateful to be a part of, creating a lasting beautiful memory for our resident and her daughter.



Another beautiful moment that we were grateful to be a part of this year was a very special 60th birthday for a resident of Holmberg House hospice. The hospice staff and volunteers beautifully decorated the fireside room downstairs with colourful balloons, brought her favorite foods and gorgeous fresh flowers, knowing this celebration may be her last. Her close friends and family were all invited for a beautiful celebration of "60 & Fabulous". This meaningful afternoon lifted the spirits of all those who attended, and created an unforgettable smile on the face of their loved one.



Story Submitted by:  
**Susanne Fehr**  
Palliative & Training Director

# FINANCIAL OVERVIEW

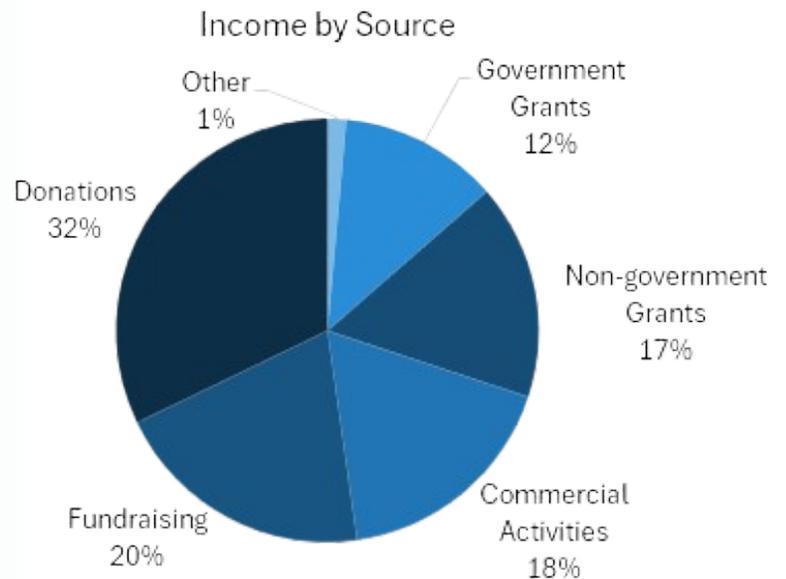
We are excited that more and more community members are becoming aware of our programs and increasing the use of our services. This comes with an increased cost to the Society, but we are always thankful that our generous community rises to meet the needs of others and supports our vital grief support programs.



Photo above of cheque presentation from First West Foundation

Another area of financial concern is the needs of our building, Holmberg House. We have begun forecasting replacement, upgrade, and maintenance needs over the next twenty years. As a hub for our grief support programs and other essential services, the upkeep of Holmberg House is critical to our mission. We have identified key areas that will require attention, including the replacement of aging infrastructure, enhancements to accessibility features, and the modernization of our facilities to meet evolving health and safety standards. We will make provisions to incorporate the costs in our plans yearly, but will prioritize the community needs for services.

We are thankful for the generosity of donors and businesses that supported AHGSS at our recent Gala; the support from this event went towards an upgrade to our HVAC system to increase the quality of care to patients on the palliative floor. This upgrade not only enhances the comfort of our patients and their families but also ensures a healthier and safer environment for all who visit and work in our facility.



Submitted by:  
**Brendan Adrian**  
Finance Manager



**Seth Wiebe**  
Junior Accountant

# PALLIATIVE SERVICES



People impacted through our palliative services

3,915



Palliative clients supported this year

435

Since 1985, our palliative program has been caring for people as young as 19 years of age who are dying and has been providing support for the family and loved ones of our palliative clients.

This past fiscal year, our staff and highly trained volunteers provided high quality holistic care, support and comfort to patients and their families during their end-of-life journey. We connected with our community through tours and transitioning support from home health to hospice care or Palliative Critical Care Unit (PCCU) care. We provided support for clients and families through anticipatory grief support, one-to-one support, extended-care home support, the PCCU at Abbotsford Regional Hospital and Cancer Centre, and our hospice. We provided vigil services for the last 72 hours of life, spiritual care services for palliative clients and their loved ones, Abbotsford Regional Hospital visiting, lending library and computer/internet access, palliative support groups, workshops for palliative clients and their families, caregivers support groups, and additional resources and support for palliative clients and their caregivers.

Our team has been providing more workshops and services to our community this year, speaking to businesses, schools, colleges, long term care homes, and campuses of care, providing 1-5 day workshops and seminars speaking on navigating grief and loss, and palliative care.

Through our comprehensive palliative care initiatives, AHGSS remains committed to making a profound and enduring difference. By providing compassionate support to individuals and families during some of their most challenging moments, we help to cultivate a community that values empathy, understanding, and connection. Our services not only ease the burden of those facing terminal illness but also educate and empower the broader community to approach end-of-life care with sensitivity and respect, fostering a culture of compassion and shared responsibility.



Photo above of a therapeutic garden for residents and families of Holmberg House and PCCU



Photo above of a comfort care basket for palliative residents of Holmberg House



Photo above of an AHGSS volunteer sharing a special moment by playing a palliative resident her favorite song.



Submitted by:  
**Susanne Fehr**  
Palliative & Training Director



Palliative volunteer hours

4,224

# TRAINING & EDUCATION



New volunteers trained in our comprehensive training program

60

This last year has been a very exciting and fulfilling year for Abbotsford Hospice & Grief Support Society as we expanded our training and educational outreach within the community.

We've had the honor of conducting comprehensive training on grief, loss, and end-of-life care across a variety of locations, each bringing its own unique audience and needs. Our 10-week volunteer training program has successfully equipped a new wave of compassionate volunteers, empowering them with the skills and knowledge necessary to provide essential support to those in need.



We also conducted a 4-day workshop tailored for the dedicated support staff at Archway and the mentors from Big Brothers and Sisters Abbotsford, ensuring that these key community members are prepared to offer empathetic and informed care. Our expertise has been sought by various groups, leading to invitations to speak at the Senior Living Campus of Cares, long-term care homes, other nonprofit organizations, and local places of worship.

Grief and loss training in the community is crucial because it equips individuals with the understanding and skills needed to support those experiencing profound emotional pain. Learning about grief helps to reduce the stigma around grief, helping to prevent the long-term negative effects that unprocessed grief can cause. Community-wide training ensures that support systems are inclusive and accessible, promoting resilience and healing for everyone affected by loss.

Through these efforts, Abbotsford Hospice & Grief Support Society continues to make a meaningful impact, fostering a more compassionate and understanding community.

Submitted by:  
**Susanne Fehr**  
Palliative & Training Director

In addition to our volunteer training, we've also had the privilege of delivering a specialized 2-day workshop for school counselors within the SD34 district, helping them navigate the delicate and critical conversations around grief with their students. AHGSS hosts an Online Grief Support course three times per year for personal and professional development that is separate from our volunteer training. Individuals who take this course are doctors, nurses, care staff, social workers, teachers, counselors, and professionals in our community.

It aims to provide individuals with relevant knowledge, skills and experience to thrive in their professional and personal life.



# ADULT GRIEF & LOSS SERVICES

Adult clients supported this year



# 910

Our grief support programs are forever evolving based on the community needs. This past fiscal year we introduced Men's Cooking Class, Creative Expressions on Your Grief Journey, Young Adult Grief Support, and a Punjabi Speaking Grief Support Group. While still promoting and facilitating Anticipatory Grief Support, One to One Grief support, Morning & Evening Coffee Grief support, Understanding Your Grief Journey, Grieving wives support group, and community events such as our Annual Memorial Butterfly Release and Annual Christmas Memorial Service.

The Men's Cooking Class group met once a week for four weeks. The objective of the group was to create a safe place that widowers could talk freely about the loss of their wives and to learn the basics of cooking, how to use kitchen utensils properly and food safety. The feedback that we received from this group was phenomenal and staff loved the leftovers.

Our Creative Expressions on Your Grief Journey met once a week for four weeks. The objective of this group was to encourage expression of grief through art and journaling. Each attendee was given a clean canvas and had free range on what type of materials to use. Each week they were prompt with a specific question that made them think and allow themselves to express their deeper thoughts in journaling. At the end of their four weeks, they had created a beautiful, layered art piece. Again, this group had positive feedback and a wonderful turn-out. A participant from our Creative Expressions group said:



*"I loved this experience. I'll use what I learned to help my children."*



We are aware that there is a young adult demographic and South Asian population in our community that need grief support, and we are currently looking at exploring other ideas to help facilitate this niche. Our goal is to be culturally sensitive and age inclusive, and provide services for our entire community based on need.



**Charanpreet Mahal**  
Program Support Coordinator



It has truly been an honour and privilege to walk beside families as they go through their grief journey. The work that our fabulous volunteers and staff do is truly meaningful and fulfilling.



Submitted by:  
**Veronica Tod**  
Grief Support Services Manager

# CHILDREN'S GRIEF SUPPORT

This year has been profoundly uplifting as we've seen our children's services (for children ages 3-10) bring comfort and hope to many families navigating grief. The Abbotsford Hospice & Grief Support Society has continued to create a safe and nurturing space where children can begin to heal, channeling their emotions through creative and meaningful activities. Witnessing the joy and light these moments have brought during such challenging times has been truly heartwarming. Beyond our cherished annual events and programming, we're dedicated to providing personalized support for children dealing with grief. Our 8-week sessions are designed to gently guide children through understanding grief, managing emotions, and developing coping strategies, as well as offering them the tools they need to find solace and strength.

## Highlights of events and programming offered this year:

- Elementary In-School Grief Groups
- One-to-one Companionship
- Family Harvest Event
- Christmas Family Memorial Event
- Camp Stillwood
- Empowered by Horses Equine Therapy Camp
- Annual Teddy Bear Picnic
- Family Movie Morning
- Animal Therapy Workshops

Children &  
Youth supported  
this year



1,049



Looking ahead, we are excited about the new possibilities on the horizon for our community. We're thrilled to partner with elementary schools in Abbotsford to begin our six-week Elementary School Grief Group's for this 2024-2025 year. This initiative aims to break down barriers for families who might struggle to access our services, by offering support directly within the school environment. By fostering connections among grieving peers, we hope to continue to reduce feelings of isolation and create a supportive community for students in need. This year we also saw an increase in the demand for grief support services for indigenous students in our community.

We have connections with Indigenous schools in our community and have developed and tailored culturally sensitive and inclusive grief support for Indigenous children and their families. As we plan for the coming year, our hearts are set on expanding our programming and resources to better serve the evolving needs of grieving children and their families through new therapies and creative outlets. We are eager to continue building a network of care that truly makes a difference in the lives of those we support.



Submitted by:  
**Rebecca Flaman**  
Children & Family Services Coordinator



# YOUTH GRIEF SUPPORT

This year has been a remarkable one for our organization as we continue to support youth (ages 11-18) in their journey through grief. We provided one-to-one sessions, group support, and various events to help youth cope with the loss of loved ones. Our events have helped unite youth and families to learn more about themselves and remember their loved ones.

Our Teen Training Course, a 20-hour program for students in grades 11 and 12, educates teens about grief and loss while providing school credit within the Abbotsford School District. We are proud to announce that 31 teens graduated from this program this year, bringing our total number of teen volunteers to 55. These dedicated volunteers contribute significantly to our hospice in various capacities.

Looking forward to next year, we aim to expand our support groups for middle and high school students within the Abbotsford School District.



Photo above of a youth at one of our summer camps



We are also excited to expand our programs into private schools. Additionally, we plan to enhance our one-to-one support resources and develop new events to aid teens in their grief journey. We are also thrilled to continue making progress in our partnership with the University of the Fraser Valley (UFV) as we collaborate on the development of an innovative app designed to help young people navigate their grief.

We are looking forward to welcoming new students to our Teen Training course and are eager to see the growth and transformation that will undoubtedly unfold as they engage with our programs. The skills and compassion these young individuals will develop not only enrich their own lives but will also create a ripple effect, fostering a more empathetic and supportive community. By empowering the next generation with the tools to understand and address grief, we are building a foundation for a healthier, more connected society where every voice is heard and every emotion is valued.



Submitted by:  
**Mikayla Greidanus**  
Youth Support Coordinator



Photo above of a youth group expressing emotions through art

# VOLUNTEERS

*“Volunteers are the heart of hospice”*

At Abbotsford Hospice and Grief Support Society, our volunteers are vital to our mission of delivering compassionate end-of-life care and bereavement support. Their unwavering dedication and selflessness form the foundation of our success. We currently have 190 total volunteers generously sharing their time and expertise, providing crucial support to patients and families. They offer companionship and emotional support, facilitate grief support groups, provide one-on-one support, participate in community events, and organize meaningful memorial events, extending a comforting hand during some of life's most difficult times.

Our volunteers take on diverse roles across our organization, from serving at Holmberg House and the PCCU at ARH to actively participating in community events. Each volunteer undergoes 35 hours of comprehensive Grief Support Training, conducted three times a year, with each training class typically including between 15 and 20 volunteers. In addition to this, they may also engage in Facilitating Training to further enhance their skills and effectiveness in supporting those in need.

We honoured their remarkable work and time with celebrations during Volunteer Appreciation Week, a Summer Ice Cream Social, and a special Christmas Banquet. Additionally, the volunteers did a wonderful job decorating and organizing the Christmas festivities at AHGSS. We are truly grateful for our volunteers and the impactful contributions they make every day at our hospice.

Active AHGSS  
volunteers  
**169**



Submitted by:  
**Melina Maarhuis**  
Palliative Volunteer Coordinator

Total  
Volunteer  
hours  
**7,439**

## VOLUNTEER SPOTLIGHT - DAVID

“I have been volunteering at AHGSS since July 2022 at both Holmberg House and in the palliative unit at Abbotsford Regional Hospital. After my cancer operation and treatments, I felt I wanted to give back. I found that I had the right temperament for visiting end-of-life patients, and I enjoyed it. I found the small amount I gave returns to me tenfold. I have learned a lot about the process of dying as a part of life, and in my experience, AHGSS is a very helpful and important place that helps people to make that transition.”



# FUNDRAISING & DEVELOPMENT - EVENTS

average donation increase  
**21.87%**

The Abbotsford Hospice and Grief Support Society (AHGSS) has experienced a remarkable year in terms of fundraising and development, demonstrating significant growth and success. This report highlights the key achievements in our fundraising efforts, the strengthening of relationships with high net worth donors, and the outcomes of our major events. Our strategic focus on nurturing these relationships and enhancing our events has resulted in increased income and greater support for our critical programs.

Our three major high-profile events this year have significantly contributed to our fundraising success. Each event not only met but exceeded our expectations in terms of funds raised and community engagement.



Photo above of our Moments of Hope Gala hosts: Mr. Arsh Kaler and Ms. Alex Mitchell

## 2024 Moments of Hope gala 'Bollywood Meets Hollywood'

The Bollywood Meets Hollywood Gala was a standout event, attracting a large and enthusiastic audience. This year's gala was particularly noteworthy for its success in surpassing the revenue of previous years. The event's appeal was enhanced by its vibrant cultural theme, which resonated strongly with our supporters. The funds raised through ticket sales, sponsorships, and auction items were instrumental in supporting our various initiatives and operational costs.

## 3rd Annual Horsepower for Hospice Show & Shine Car Show

Our 3rd Annual Horsepower for Hospice Cruise-In was a resounding success at the Mount Lehman Winery. With an incredible turnout of car enthusiasts and community members, we were successful in raising funds to support hospice care. The event featured stunning vehicles both old and new, great food and entertainment, and a shared passion for giving back, making it our most impactful cruise-in yet. Thank you to everyone who participated this year!



## Annual Holmberg Memorial Golf Classic

The Annual Holmberg Memorial Golf Tournament reached new heights this year. We achieved record-breaking funds raised and hosted a record number of participants. This event's success is a testament to its growing popularity and the strong support from our community. The enthusiasm and participation from local businesses, sponsors, and players have significantly contributed to our fundraising efforts.

Additionally, early indications for the 2025 fiscal year suggest that the tournament is on track to achieve even greater success, with increased interest and early commitments already noted.



Photo above of our legacy family, the Holmbergs, whose invaluable contributions made the realization of Holmberg House possible for our community



Submitted by:  
**Rick Barkwell**  
Manager, Development & Business Partnerships

## FUNDRAISING & DEVELOPMENT - EVENTS CONTINUED

The past fiscal year has been a period of significant achievement for AHGSS. Our successful events, strengthened relationships with key donors, and record-breaking fundraising results underscore the dedication and support of our community. As we move forward, we remain focused on building on these successes, fostering deeper connections with our supporters, and continuing to deliver exceptional care and support to those we serve.



We are committed to ensuring that every dollar raised is utilized effectively to further our mission and enhance the quality of care we provide. Looking ahead, we are optimistic about the future of our fundraising efforts. The positive trends observed in our major events and donor relationships suggest continued growth and success.



Photo above of Smiles Through Seva Foundation's 1st Annual Gala generously donating to AHGSS



Photo above of Tim Hortons staff during Smile Cookie week campaign April 29 - May 5, 2024

We extend our heartfelt gratitude to all our donors, sponsors, community supporters, and volunteers whose unwavering support has made these achievements possible. Together, we are making a meaningful difference in the lives of those affected by grief and loss, and we look forward to continuing this important work in the years to come.

## GRANTS

We are incredibly grateful for the generous grants that we received this past fiscal year, which have allowed us to continue our mission of supporting adults, children and families through their grief. These contributions, along with the steadfast support of our local and ongoing partners, have made a profound impact on our ability to expand our services, be more culturally and linguistically inclusive, and reach even more individuals in our community than ever. We deeply appreciate the trust and commitment of our supporters, whose dedication enables us to provide a safe and nurturing space for individuals to express their emotions and heal.

Thank you to all of our grantors, supporters and donors for being an essential part of our community.



**29%**  
of total income  
this year from  
grants

Submitted by:  
**Michelle Whalen**  
Development Coordinator



Photo above of a youth at Adventurer Camp proudly supported by Adventurer Foundation

# COMMUNICATIONS & MARKETING

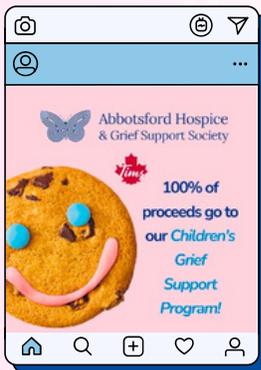


Total followers  
across all 4  
platforms  
**6,062**

This fiscal year, we strategically enhanced our communication efforts to keep our community well-informed about our services. By increasing the frequency and consistency of posts and updates on all four of our main social media platforms - Instagram, Facebook, LinkedIn, and Twitter. We maintained a strong presence across all channels. We made a point to tag businesses, donors, and partners, fostering community involvement and acknowledging their generous contributions. Sharing impactful stories further highlighted the real-life impacts of our work, strengthening relationships with stakeholders and boosting our visibility and knowledge of our services in the community.

We continued to work with The News and the Patrika bi-lingual newspaper to communicate our services to our community. The News continues to be a supportive sponsor, not only at our events, but also offering support in the way of discounted or pro-bono ads. We are grateful for their support. This year we created a "Name our bear mascot" colouring contest with the Abby News with our young winner selecting Honey Bear as its name.

This year, our website proved to be a vital hub of information and engagement for our community. With 10,534 unique visitors and 16,993 site sessions, we saw a remarkable 28% increase in website traffic compared to the previous year. This surge not only highlights the growing interest in grief support, but also reflects the rising demand for our services. The website's enhanced role in our outreach strategy underscores the importance of maintaining a strong online presence, enabling us to reach and support more individuals in need.



Increase in  
website visitors  
**28%**

As we continue to expand our digital marketing, social media, and communication efforts, we anticipate even greater engagement, allowing us to connect with and serve a broader audience within our region.

Submitted by:  
**Michelle Whalen**  
Development Coordinator

Increase in reach  
on Instagram  
**166%**

# OUR SERVICES

---

Total individuals  
impacted in our  
community

**21,546**

## Adult: (ages 19+yrs)

One-on-One Grief Support / Companionship  
Coffee Break Bereavement Support Drop-in  
Understanding your Grief Journey Group  
    Infant Loss Grief Group  
Grieving Wives Support Group  
    Men's Cooking Class Group  
    Punjabi Grief Support Group  
Compassionate Friends Group  
Grieving Wives Support Group  
    Expressing Grief through Art  
Anticipatory Grief Support Group Tours  
    Volunteer Training  
Online Grief Support Course  
    Intakes / Inquiries  
External references provided

## Children & Youth: (3-18yrs)

One-on-One Grief Support / Companionship  
    Youth drop-in  
Teen Peer Support Training course  
    Equine Therapy Camps  
    Camp Stillwood (Day Camp)  
    Adventurer Day Camps  
Mindfulness Children Group  
Teens Group Reading Club  
Teen reference letters & calls  
    Intakes / Inquiries  
External references provided  
    Tours  
    Community connection  
    Seminars at local schools  
Middle School Support Group  
External tours / Presentations  
    Spring Break Support

## Annual Events:

Moments of Hope Gala  
    Memorial Walk  
    Butterfly Release  
    Golf Tournament  
Horsepower for Hospice Cruise-in  
    Infant Loss Memorial Service  
Wills & Estate Planning Seminars  
    Teddy Bear Picnic  
    Fall Harvest Event  
    Christmas Event  
Christmas Memorial Service

## THANK YOU TO OUR GENEROUS SUPPORTERS

We are so grateful to the generous community leaders who make it possible for us to continue providing hope and care to those in need. We are grateful for our community of supporters - to the families, businesses, volunteers, sponsors and supporters of hospice - who make it possible for us to continue providing hope and care to those in need. As we reflect on this past year, we are reminded that the heart of our charity lies in the power of community. It is through your dedication that we can offer meaningful programs and services that bring healing to those walking the journey of grief.

Thank you for being part of our story and for ensuring that no one in our community has to walk through their grief alone.



**Image on right** of the Abbotsford Hospice Foundation butterfly sculpture that is located in the lobby of Holmberg House, that recognizes our legacy donors.

